

SLOVENIAN MOUNTIAN TRANSVERSAL - SPP1

DIARY OF HIKES ALONG THE OLDEST SLOVENIAN TRANSVERSAL

UROŠ IVANČIČ, 2020

Index

ABOUT THE AUTHOR AND THE BOOK	2
INTRODUCTION	3
DIARY OF HIKES ALONG THE OLDEST SLOVENIAN TRANSVERSAL	4
1 st. day: Maribor – Slap Bajdo.....	4
2. nd day: Slap Bajdo - Rogla.....	4
3 th. day: Rogla - Kope	4
4 th. day: Kope – Slovenj gradec	5
5 th. day: Slovenj Gradec - Poštarski dom - Uršlja gora	5
6 th. day 6: Uršlja gora-Hut on the ridge Sleme-Smrekovec hut.....	6
7 th. day: Smrekovec-Kamen-Hut Koča na Travniku -Hut on Loka pod Raduha:	6
8. Day: Hut on Loka pod Raduha-Velika Raduha-hut Grahot-Robanov kot.....	7
9 th. day: Dom Korošica-Ojstrica-Lučka Brana (Baba) - top of the Planjava-Hut on the Kamniško sedlo.....	7
10 th. day: Hut on the Kamniško sedlo - Frischaufov's hut on the Okrešelj- Koroška rinka (Carinthia Rinka cross) – Turski žleb- Okrešelj-Orlovo gnezdo (Eagle's nest) at the Rinka waterfall	8
11 th. day: Skuta and Štruca from Cojzova koča	8
12. th. day: Cojzova Hut-Grintovec-Jezerska Kočna-Češka Hut:	9
13 th. day: descent into the Valley and over Jezersko to the hut at Kališče	9
14 th. day Koča na Kališču - Storžič - Dom pod Storžičem - Koča na Kriški gori:	10
Day 15: Hut on Kriška Gora - Tržič - Dobrča - Hut on Roblek.....	10
16 th. day: Hut on Roblek – Begunščica - Hut under the Stol peak.....	11

17. day: top of the Stol-Golica-Dovje:.....	12
17.2 day: Martuljški slap (waterfalls) pod Špikom (Kranjska gora):.....	13
18 th. day: Mojstrana – Triglav - Dom Planika pod Triglavom.....	13
19 th. day: Dom Planika - Koča na Doliču - Plemenice - Preval Luknja - Bovški Gamsovec - Pogačnikov dom na Kriških podih - Razor	14
20 th. day: Dolina Mlinarice - Prisojnik – Vršič	15
21 st. day: Vršič - Jalovec - Zavetišče pod Špičkom - Koča pri izviru Soče:	15
22 nd. day: Koča pri izviru Soče - Kugyjev spomenik - Trenta - Koča na Prehodavcih	16
23 th. day: Koča na Prehodavcih-Koča pri Triglavskih jezerih-Dom na Komni-Koča pod Bogatinon-Dom pri Krnskih jezerih:	16
24 th. day: Koča pri Krnskih jezerih - Krn - Zavetišče pod Krnom - Koča na Planini Razor	17
25 th. day: Koča na Planini Razor - Vogel - Rodica - Koča na Črni prsti	17
26 th. day: Črna prst - Kobla - Petrovo brdo - Koča na Poreznu.....	18
27. day: Porezen Hut-Franja partisan hospital-hut on Ermenavec	18
28 th. day: Koča na Ermenavcu-Bevkov vrh-Sivka Idrija	19
28.2-day Idrija and its surroundings villages od Idrija	20
29 th. day: Idrija – Hleviška planina – Vojsko – Veliki in Mali Golak – Koča pod Golaki – Koča na Čavnu- Otlica	20
30 th. day: Otiško okno - path along Angelska Gora - Sinji vrh-Pirnatova koč (Hut under) pod Javorniki	21
31 st. day: Koča pod Javorniki- Podkraj - Zavetišče Abram – Nanos - Razdrto.....	21
32 nd. day: Razdrto – Senožeče – Vremščica -Škocjanske Jame- Markovščina	23
33 th. day: Slavnik – Socerb - Osp – Tinjan – Ankaran - Debeli rtič.....	24

ABOUT THE AUTHOR AND THE BOOK

UROŠ IVANČIČ has travelled most of European countries and quite a few others on other continents. We can affirm that he is a traveller/backpacker in soul and way of traveling. He is the author of a three-reprinted Traveling guide, with tips for planning, preparing and implementing solo/independent journeys. He is author of a CD with suggestions of travels around the world. Since he is the author of several professional and scientific works, in the notes below the line, in addition to many attractions, you will also find sources that allow you to further explore this topic. A fan of many sports, from athletics, football, boxing, snowboarding, sport climbing and of course hiking. He is also licenced guide of the Mountaineering Association Slovenia. In his mature years, he rediscovers the beauties of Slovenia and the mountains as the author and user of the Let's get to know Slovenia author project. However, the advice from the book is not only the authors, but reflections and advice from wiser and more experienced authors than him are added. Especially in the field of movement in the mountains, where the advice of the most experienced mountaineers and

Mountaineers will be added. With the first strand of grey hair, his way of thinking became much more mature and mentally deeper. Therefore, the book in your hands can be said with confidence that it is a real mixture of A Practical Guide to the Slovenian hikes and a look from there at life in the valley, which will awaken in you the desire that you also contribute your part to making Slovenia even more successful and at the same time still as green as at the time of writing this work!

INTRODUCTION

This is not the end; this is the beginning! So, we decided when we walked the longest Slovenian transversal. When you finish such a long way, first of all, there is no time for deeper analysis and deep conclusions.

But it is necessary to give a few facts, which in themselves say a lot about the path

We walked: - 617.4 kilometres

37.3 km of ascents and 37.6 km of descents.

Mostly in less than 30 days. The fastest of our group passed the route in 25. days, the second in 27. days, a hiker who walked the longest with a family / youth group had finished the route in 33 days. Thanks to everyone we met along the way. Thanks to everyone who helped us, encouraged us, but also to those who did not, who doubted the necessity of our hike. It will probably be difficult to understand this but without all of you we would not have reached our destination so quickly! Finally, we must again mention everyone who offered us free accommodation on the way and fed us. We have to mention a young bio-winegrowers, who on the last day offered us accommodation and participation in the most fun harvest so far. But just as the path itself was not just a movement, this harvest was not just a grape harvest. It was meeting, accepting new views that we did not even think of despite our self-belief in our view. If a bio-winegrower and the one from Styrian region meet at the same harvest with a belief in the necessity of the classical way of processing grapes, a hunter and a vegetarian, an Orthodox intellectual and someone who believes that with bio-dynamics in the heads of dead cows (horns are also antennas of cosmic energies) to grow liquids that help in agriculture... then the debate immediately becomes more than interesting :) and even because of such people and debates, it is good to ever take such a path! As a result, we all transformed both on the inside but also from on the outside. We have often heard that we are simply not the same anymore. But we do not mean only remarks about emaciation, although it could not remain imperceptible either. The record is held by a hiker (we cannot tell you which one :) who lost 9 kg and this despite the fact that he did not give up beer (all out hikers drink it) and desserts. Yes, you really burn a lot of calories on all days long hike and therefore you also have to spend a lot more. But when this changes and you are subjected to less daily effort, you must immediately begin to consume less calories per day. Above all, do not stop exercising every day, even if it is only the minimum necessary 1-hour daily walk in nature, as much as necessary to reset your body and thoughts. You may not be able to do that every day, but in the future, try to go somewhere, instead of with a car, on a foot, by bike... Finns can teach us that bad weather does not exist. There is only an option to dress too poorly or inadequately for a certain weather. And please teach this your children too, because there is a certain positive reason why more than 60% of young Finns come to school by bike even in winter! But confirming the action of the previously described slimming mathematics should not be the most important conclusion. What is much more important: this month there was enough time to reflect on everything good and bad that has happened to us in our lives so far. About what we will forgive but do not forget what we simply did not do right in the past, what we will change to make it better for us and others in life. And above all, that we will continue with good habits, especially by moving in nature, because this also has a very positive effect on our psychological well-being and our relationship with others. Yes, without hiking, some of us don't know how to live anymore. Therefore, we are already preparing for the second part of the

project www.slovenija360.si when we will hike along the southern and eastern borders of Slovenia. From Ankaran (Italian border) to Hodoš (Hungarian border) and from there along the northern border to Maribor and thus not only symbolically concluded a circle but made two new connections on the European (E6 and E7) hiking trails through which it will be possible to continue hiking trails to Europe from Slovenia. This new mountain trail will be suitable for everyone, as it will be easier to walk it in several stages and in the form of weekend trips. Even with less psycho-physical preparation than for K1-SPP1 hike, which we would not recommend to everyone because of a few too demanding tracks. Therefore, we suggest that you first pass this new mountain trail, then perhaps the Juliano trail, the Slovenian part of the E6 and E7 trails, SPP1, and then you can visit the peaks that belong to the extended Slovenian mountain trail. The most extreme of us will climb all Slovenian peaks higher than 2000 m in the coming year. You will easily find the one that will suit you best, because already the hits in the search engine offer at least some hiking trails in your nearby area. Therefore, when you start reading the transversal diary, let us wish that you also note a new thought when you reach a goal, for example: this is not the end... this is the beginning... and find yourself such a life and hiking route that will change you so clearly positively, as the US route from Maribor to Ankaran according to SPP1.

DIARY OF HIKES ALONG THE OLDEST SLOVENIAN TRANSVERSAL

1 st. day: Maribor – Slap Bajdo

Friday, 3.7. 2020, at 14 o'clock in Maribor, despite the rain, two of our hikers started the hike on the Slovenian transversal SPP1 (hereinafter referred to as K1 or SPP1). With each step it rained less and at the end of the day they already enjoyed clear views first on the Drava Valley (towards town Ruše), then on the south side of Pohorje, all the way to peak Sleme in Croatia.

2. nd day: Slap Bajdo - Rogla

Two more families (5 children and adolescents in total) joined our bravest hikers, at the Šumik waterfall (near Bajdot). The waterfall is really beautiful. Likewise, the plant world in the forests. When we laid down tired children on the mossy vegetation, at that moment they rightly had the feeling that they were lying in the softest bed. But this is only the case in summer. There was no such situation for the partisans of the Pohorje Battalion. They could not survive the Pohorje winter in such conditions. But in January 1943, about 2,000 enemies surrounded their camp at Osankarica. The partisans fought for two and a half hours until all of them (one wounded was shot as a hostage later) were killed. During the path that led us through the vast Pohorje forests via Klopni vrh to Rogla, every wind, despite the heat, reminded me of the cold in which the previous story took place. It is right that our children also learn about these stories, as well as the stories of the opponent party involved in civil war in Slovenia (Domobranca), and how sad ended many of them after the war. With the desire that these never happen again, my youth organisation has launched a pacifist project www.nomorewars.eu

3 th. day: Rogla - Kope

That day was a little more strenuous but the most picturesque, especially Lovrenška and Ribnica lakes. Through Ribnica and Črni Vrh (Black Peak), we only reached Grmovškov hut on Kope in the evening. However, another interwar story is connected with these places, which is reminded of by markings in the form of a black crow on the trees. It is right to highlight an even more difficult hike than ours. In August 1944, over a hundred allied soldiers escaped from German captivity with the help of locals and partisans. From town Ožbalt, which is in the northern Pohorje Valley, via Lovrenc na Pohorju, they made a 250 km long journey to the

liberated territory in Bela Krajina in fourteen days. You can read more about the story called The Flight of the Crow at: <https://lovrencan.si/lovrenc-danes/avstralci-po-spominski-poti-vranov-let/>

4 th. day: Kope – Slovenj gradec

Two hikers continued their journey via Velika and Mala Kope, Partizanski Dom, Dom pod Kremžarjevimi vrhom to Slovenj Gradec. The views from Velika Kopa lasted the longest, because they offered a view of the Pohorje, as well as of Uršlja Gora, Peca and the Savinja Alps, which were still waiting for us. Energy points and a really large wooden chair on the lawn on a large mound also attracted our attention. If this is really a copy of the one on which King Matjaž sat on, the aforementioned must have been a really big man! On a really hot day, the last forest berries and the first ripe blueberries under Kremžarjev vrh gave us energy on the last ascents.

AFTER THE COMPLETION OF THE FIRST FAMILY ROUTE, we are especially proud that more than half of the Pohorje route finished our tireless hiker M., who, despite he was only five years, many would not attribute abilities to walks such a long hike. Now we believe him that maybe someday he will really become a soldier, as he has repeatedly told us. Our 7. year girl L. walked the entire route on SPP1 from Maribor to Slovenj Gradec in 4 days without any problems! When we asked her if she was tired at the end and if she would ever go on such a hike again, she replied without hesitation that it was easy / peasy / (very easy), but now she would like to rest for a day and spend time by "petting" the puppies of her cat, and she would continue hike with us :) Of course, there were also crises. But then we used the right means of motivation, enough patience and switching attention to stories that children like. Already the discussion about our hiking groups: last group was named snails (that name gave them members of fastest group: Cheetahs. The stories from the route who helped our families to reach the destination was also the one about the peregrine falcons who is the fastest bird. Of course, we used a help of a feast in the form of leftover food from a backpack, and secondly in the form of a scoop of ice cream... But we must emphasize: our young people can do much more than we think they can physically. Beside that we must admit that hikes with children and adolescents take a little longer, because they usually collect stones, blueberries, raspberries, wild strawberries, "barungle" (walking sticks) along the way ... But then you have time to breathe in the mountain air, revise your thoughts and allow your own reset to the sound of winds in the canopy, the murmur of too many streams and other sounds of nature. When a person has the gift of not being tied to the clock or mobile phone for at least a few days and not forced to constantly rush, he feels a little closer to personal happiness. And most importantly: then you give your descendants the opportunity to learn about the primordiality of nature, which cannot be replaced by any other material thing and ordinary city life! But this is not always the case! If you want to experience the previously described, hike on this route during the week or in the off-season. Then the Pohorje will really only be yours at the aforementioned points! Otherwise, at this time, on Pohorje, you can find your own meadow, a stream and a lookout point because, in addition to the route described by SPP1, there are really many other very interesting points on Pohorje!

5 th. day: Slovenj Gradec - Poštarski dom - Uršlja gora

We promised to avoid no optimistic stories, but the following must be told to everyone in a lesson. The day began with a morning argument with the driver, who insisted that a multi-purpose scarf called Buff under the rules of his bus company was not enough because of new Corona (Covid-19) rules and that if I wanted to ride with them, I had to wear a medical mask. I tried with legal argument and facts that there is a greater chance of infection by handing over money and arguing so close to him than by letting me sit with that buff mask far behind in an empty bus; but to no avail. Reconciliation gave way to a driver who gave me a prescribed medical mask. Then I, when I realized how awkward the chauffeur is, who, in addition to driving, was ordered not to allow entry to persons who have signs of illness... but at the same

time he is also burdened by the fact that the inspectors have already punished the chauffeurs for not implementing the previously described rule because Corona pandemia. At the same time, it is quite possible that, due to the media hype of the story, chauffeurs already see in each passenger a person carrying the virus. When I realized this and when I apologized to the driver and, despite opposition, left him money for my mask, and for the mask of the next stubborn passenger, a very pleasant conversation developed in which he told me a lot about his Himalayan exploits and even offered to take us to mount Obir for one beer when daffodils flowers bloom there. Because he even gave me his mobile number, we believe that we will be with chauffeurs, whose named starts with T. someday make a hike together.

And the lesson of the story: try to put yourself in the position of your interlocutor, because if you always stay with your views and on your bank, you will never find out something nice could happen if you stand against each other... this pleasant morning conversation is a nice proof of that!

On that day we manage to overcome 1287 m height difference from town Slovenj Gradec to peak Uršlja gora. At the top, we were offered views of Pohorje, to my home town Velenje and the Kamnik Savinja Alps, which are still waiting for us. For those who are used to walk to Uršlja Gora from Iverčko lake or Sleme: the route described below is much more demanding and longer. The approach from Slovenj Gradec is initially mostly through meadows and forests and runs partly along the so-called Roman route (explanation of the meaning of the White sign above Knafelj's marking on the tree). We suggest you make a stop at the Church of St. Nicholas. Hand from 17. century (next to it is a linden tree with a 4m scale) or in the house where the poet and storyteller Fran Ksaver Meško worked for many years. From hut Poštarski dom to Uršlja Gora we reached via the Kozarnice peak. This route runs mostly through the forest, so you can overcome 896 meters in height in 2.5 h, despite the heat. For cyclists, this information: if you continue straight from the Poštarski dom, via Kala, you can get right to the top of Uršlja Gora, where in addition to the views, the Church of St. Nicholas also makes a special impression, also due to the fact that already in year 1584 they found enough energy, knowledge and resources to manage to build such an object on such hard-to-reach terrain.

6 th. day 6: Uršlja gora-Hut on the ridge Sleme-Smrekovec hut

The morning panoramas are the cleanest, the route is mostly unpretentious and these are the moments when you let yourself think about the farm Šišernik under Uršlja Gora, burned down during the war, and the partisans of the mod. Divisions that marched along this route in the winter of 1944. We must not forget these stories, but it is right to develop from them, above all, connecting projects aimed at the future! The partisan grave next to the chapel showed this desire for non-separation a long time ago! On the ridge, however, the local resident, at whom we poured water, also reminded us of the anecdote of teacher Veljko Vlahovič from Velenje. It would be right not to waste energy and time by inarticulate renaming the names of streets and primary schools, as happened in the example described below. There is, and will be, enough opportunity for similar objects to be named after persons of different political views and operating in other time periods! Let's leave aside ideology and politics. The national hero Veljko Vlahovič(not the one about whom the anecdote below speaks) could encourage young people to fight for their beliefs, for change, but not to be completely socially inactive and free from adolescent social resistance... When the namesake of the aforementioned hero was stopped by a cop, he asked him his name and he replied that Veljko Vlahovič. Where do you work? At the Veljka Vlahoviča primary school. And where do you live: in street Ulica Veljka Vlahoviča. And since the cop was not from Velenje, he could not have known that all three data were true. What followed between them is no longer an anecdote:)

7 th. day: Smrekovec-Kamen-Hut Koča na Travniku -Hut on Loka pod Raduha:

Because the photos talk more about these places than the selected words would add two local anecdotes. Coffee with soy milk, caretaker M. and fine city Lady No. 1: Mrs. bartender (there are no Miss in the mountains and Mrs., they are caretakers) I would like to have a cup of coffee with you. You can also get it with homemade milk. Yes, you know, but I would like one with

rice milk. I had to return the cow with rice milk to the shepherdess, and she gave me back the cow that gives coconut milk. Are you kidding me? It's true, but who started it first :)

2 anecdotes: because the first became already too famous in the Valley: **Fine lady No. 2 and her husband.** The caretaker lists all possible dishes that she can serve. This is followed by a dialogue in which the wife gives her husband reasons why he does not want certain foods. He doesn't want pasulj (bean soup) because that will strain it, goulash because the question is what kind of flour is inside. Then she asks bartender the question where in these places sour milk can be obtained. Caretaker: up here above the hut, in the shepherdess hut. And when you are at her house, tell her to give us back the cow that gives rice milk, because again we have many guests with the chosen taste. When the guests returned from the shepherdess (who knew the previous anecdote), they told the caretaker that they learned from the shepherdess that the cow that gives rice milk still has mastitis, so this cow can only give selected guests "sour milk" :)

8. Day: Hut on Loka pod Raduha-Velika Raduha-hut Grahot-Robanov kot

We climbed on the first two thousand high peak on our spp1 hike. The highest part of the Raduha plateau, which does not have a pronounced peak, but the highest peak: Velika Raduha is an altitude of 2062 m above sea level. We were fast enough that it was still time to Knipe in the Cold River Bela at its confluence with the Savinja. The legs really "froze" in water, but thanks to our donors of mountain boots and socks, we realized that they were without Calluses. It's nice to be barefoot after long hikes. Then you don't even think about mistaking the murmur of a cold river for splashing in the warm sea. Mountain "Beach", Nature and peace give much more beautiful energy! Friday 16.7.2020 On the way, we have already successfully tested most of the donated clothes, shoes and equipment. Among other things, we would highlight [#https://firstcornershop.com/sl/kategorija-izdelka/bidoni-in-hidracija/](https://firstcornershop.com/sl/kategorija-izdelka/bidoni-in-hidracija/) The water in our country is really clean in appearance. However, be careful with Dripstone in mountain huts if it is collected via unsuitable gutters and reservoirs. And even more so be careful with the water coming from the pastures. Therefore, where you see nearby (above the streams) cows... use some kind of water purification system, e.g. with a folding Katadyn pvc bidon, with a water filter. On high-speed hikes and in areas where there are no skinned mountain huts (this most of them are closed during the week) I suggest you take with you a spoon, a mini burner and dehydrated food in a bag, into which you pour only warm water and after a few minutes you have a meal that is not only energetically sufficient but also delicious! [# https://firstcornershop.com/sl/kategorija-izdelka/prehrana/](https://firstcornershop.com/sl/kategorija-izdelka/prehrana/) More reviews and tests follow on <http://www.slovenija360.si/hvala>

9 th. day: Dom Korošica-Ojstrica-Lučka Brana (Baba) - top of the Planjava-Hut on the Kamniško sedlo

As soon as the rain stopped and the mists began to rise above the mountains, we made the first partial ascent from Roban's corner before the evening (the ninth day of the hike). Therefore, it was a bit easier and shorter hike past the checkpoints: Dom na Korošici-Ojstrica-Lučka Brana (Baba) – top of the Planjava - Hut on the Kamnik saddle. Nevertheless, we overcame many height (both up and down) meters. The route passed really quickly listening to the stories of our guide S., who climbed really many championship mountaineering routes in these mountains. We had enough adrenaline in certain parts of Ojstrica (so called Škarje: scissors) and Planjava. Those of you who are going to walk here alone, teach this route well, because the markings are very faded! Especially on a foggy day and before bad weather! We do not encourage the discovery of new routes, but we want to encourage you to visit some less visited route in these places, where only you, Nature and also some Capricorn and chamois will be... We met both. At the finish line, however, there is a really nice hut, where we were delighted with a shower with warm water after a hot day. The young caretaker met us with a good mood and the following Vice, which "explains" the problems with the markings on the previously described path. Markacists visit an old woman and ask her Mamka can we leave one mark on your " pussy " (meant tree, understood as a female organ)? You can, only I am not always at home :) But with " mountain " humour, be moderate, at least out of respect for

women, even because the wives of the caretakers are the main ones in the huts! And if you behave as we suggested, you are "rewarded" pancakes... even when the kitchen is officially closed... We will also remember this hut for its beautiful sunset with a view of the plain and sunrise with a view of the Brana!

10 th. day: Hut on the Kamniško sedlo - Frischaufov's hut on the Okrešelj-Koroška rinka (Carinthia Rinka cross) – Turski žleb- Okrešelj-Orlovo gnezdo (Eagle's nest) at the Rinka waterfall

The route between Koroška rinka (Carinthia Rinka cross) – Turski žleb is very difficult route! If we have convinced you with the descriptions so far that you would also go hiking on SPP1, the first serious warning will follow today. Certain routes described at all require really good physical fitness, complete absence of fear of heights, some climbing skills and good planning! By this I also mean that you should check with the caretakers and people who have recently walked this route for the current situation on the route. We were advised not to go directly between the mountains and along the spp1 line due to spring falls, or to descend along the north side of the Koroška rinka (Carinthian Rinka), but via the Turski žleb. We really did half a circle around the mountain with that, but we were glad that we decided so. Why the first verticals and especially unsecured parts showed, where we wanted the presence of steel cables or at least holds, but narrow passages with fresh debris awaited us just above the precipice parts, on which you quickly slip. But there is no complete safety in the mountains, and it is right that someone who is not one hundred percent ready should be discouraged from hiking on a very difficult path rather than shaking their feet in between when returning back from such a direction is therefore also more difficult. But in order not to distract you from the journey to this really Mountain, which offers really beautiful views and also climbing pleasures, let us emphasize: if you are well prepared so technically (a self-protective kit, a helmet is mandatory.) physically and mentally, you will also be able to "hang" over the precipices on the scopes without any problems. And as our guide said, then even the "chicken pox ""on which to climb up and down will no longer be so "shitty" Then you will also start enjoying the precipitous parts, where you will most often meet Capricorns and a special kind of people: Alpin climbers/alpinist. At first, you will probably find them conceited when they look at your climbing achievements with a slight grin, especially if they have returned from a serious climbing tour. It is not about mountaineering exaltation over mountaineers, it is simply about the fact that before and after such climbing tours are the first to be filled with an additional sense of self-confidence without which you should not enter a serious climbing wall. All these qualities, but above all professionalism, goodwill and a sense of leadership, were possessed by our guide V. But when such mountaineers (who are otherwise used to bivouacking even in the snow) return, from the Highlands because of the weather, it is time to do the same for the Mountaineers. The following days will be too weather-volatile to continue the hike on cottage Skuta and Grintovec. Just before the rain, we had a leg kick in Savinja. Since we did not want to "dirty" it at the source, we looked for the last pool under the Rinka waterfall. For those who saw Savinja only at the Rinka waterfall and lower in the valley, there is information. Savinja "hides" under the rocks in drier periods just behind the Rinka waterfall. In order not to be too long, we would leave it to you to find out from the photos the reasons why (in addition to continuing our journey along the SPP1) we will return to these places many more times!

11 th. day: Skuta and Štruca from Cojzova koča

we are always going higher, because today the Skuta (2532m) and a slightly lower Štruca were won. It is true that there are many mountaineers in Velenje (my home town), but that on the same day two groups meet almost at the same time at the summit is also an achievement for our city. The path from the cottage pod Skuto, to the Cojzova Hut is not too difficult, concentration is required between the scree under the loaf and the bivouac of P. Kamperla. In this part there are karst caves where in the fog you quickly fall into something with a gap between deep snow and a sharp Wall. Before and after that, however, take enough time for

the views. If you're patient enough, you'll catch some mountain-caught rising mists like we did this day. P.S. one more thing about bivouacs. These are not a substitute for mountain huts and for multi-day rentals, which we have witnessed. They are a backup option in case you are caught in bad weather and you have lost your way on some long tour, such as the one from the past day. If you have a sufficiently high-quality tent, you can also find a green for the tent camp at 2000m (see picture). And bivouacs are also not intended to practice physical activities with the excuse that there is no sin above 1000m. We heard this story about it. When two of them did not want to stop having sex in the middle of the night after the arrival of a tired Mountaineer, the latter blurted out to them: fuck your mistress quickly, or I will instead of you. And then followed only reply: good night.

12. th. day: Cojzova Hut-Grintovec-Jezerska Kočna-Češka Hut:

You can see the summit of Grintavec most of the way and it looks very close a to conquer the highest peak of the Kamnik-Savinja Alps, we needed almost 2h from the hut. all the way to the summit is relatively unpretentious. However, serious work begins immediately after the northern descent (towards Kočna) from Grintavec, into which lightning often strikes due to the admixture of iron in its rocks. Because of this and other on-plane phenomena, the entire path is strewn with debris. Therefore, carefully and maximally collected already on this part and in all other part for the next two hours till the end. On this route, really constant concentration is required, because there is no room for even the slightest mistake. Before the last scree before the top of the Jezerska kočna, however, you can only break through the ledge by crawling a few meters on the belly. Therefore, you should leave the backpacks on the shelf before this part or tie them to a rope draped through. On the descent towards the Češka kočna Hut, some more climbing over the precipices and a long descent along a scree or stone path await you. If you run out of water, you can pour it under the waterfall just above the last overhang above the hut. We don't want to dissuade you from this tour, but the route is not guarded on too critical parts (as this is not technically possible better) and therefore there are really quiet a few adrenaline sections. We suggest that you calm your mind and body well on such parts, and clearly define where and how you will step in the next steps, so that your body is really all the time respect the rule of three static points. Finally, let us point out that if you prepare physically really well for this tour and if you don't have problem with climbing, you will also succeed psychologically. There are good reasons why most experienced mountaineers I know have great respect for Jezerska kočna peak, and even more of them want to conquer this mountain. Except of our Guide V. , today's hikers, will not add this tour to those that we will repeat soon! In the group picture, under the conquered mountains, today as many as three groups of Velenje people gathered. Guess who reaches Jezersko Kočno and who doesn't want to go there anymore.

13 th. day: descent into the Valley and over Jezersko to the hut at Kališče

If we did a lot of kilometres in height in the previous days, this time we did a little more in length. The road to Jezersko and especially from Spodnje Jezersko(Kanonir) against a coneflower along a stream called Reka (Storžički potok stream is when it rains more than a river) really allows you to put your brains on off. We will trust you some considering our hikers. Yesterday in the hut we even received congratulations on the last conquered Peaks, especially for our courage and perseverance. Therefore, in Jezersko, the birthplace of Davo Karničar, unfortunately already a deceased skier and mountaineer, there was a debate about what extreme sport and courage is and whether such persons help us to reach higher and higher and where are the true limits. Such healthy courage has always been the engine of general progress, because without courage, everyone would probably remain in their cave. We believe that Slovenians can be very optimistic, because we met a lot of very brave people on the way. We will not once again highlight the person who rushes to break records for running and walking on SPP1 again and again. But I would like to point out two girls: T. and D., who mostly just walked

the entire path on their own. The latter, part of the way with a puppy and a tent. This is real courage for us and confirmation that girls can do more than men we want to admit! And still wise thought-yes today, because we made a quick descent and climb again. When everything goes wrong in your life, everything often goes steeply downhill... But if there is a real desire, the strength is found to reverse the course of life. On today's ascent, we realized that the way up requires a lot of strength and that there are two ways to get to the top. One with shortcuts, where you can often go and the one more reliable, where, with a lot of patience and inner energy, sooner or later you get to the goal. Both the physical and the one that gives meaning to life.

14 th. day Koča na Kališču - Storžič - Dom pod Storžičem - Koča na Kriški gori:

The day began with two beautiful views. To the cob and the valley with the vestibule, Kranj, Ljubljana and the Brnik airport. A dilemma that we often had, getting to know the world or Slovenia. Hut manager told us that she knows a lot of people from the Valley who do not know the nearby peaks and until we started the project Visit Slovenia in our association, we also knew the world more than our country. Today, the dilemma of where to go was not at all. When conquering the cob from the south side, a person is already warm in the morning due to the sun and also due to the rapid accumulation of the height difference. Almost 600 altitudes in an hour and a half. On top of all the sheep droppings on the coffee table... But this will change in a short time, because according to the information of a nearby mountaineer, they will soon fence off the top so that you have the opportunity to at least put your backpack down... We're not purebred and we love animals, but if you're on multi-day tours it's not a good feeling if you don't get the smell out of your shoes and clothes... It is lucky that the caretaker A. at the last cottage understood all this and allowed us to take a shower. The rapid ascent was followed by a much slower descent by 1000m and an afternoon rise by 300m. Today we met a lot of interesting people. A dentist who makes our photo-graphs look like from a toothpaste commercial... The musician's family, with whom even all difficult stories get positive - happy ending. We could continue yesterday's wise thought in the direction of meaning why the path goes with so many ascents and descents. After a hard day, we didn't find a good od-speech except that every time you descend, in the "Valley" huts, you come into contact with those rare things that you miss in the Highlands. You may find this unusual but after too many meals of the type JRP=Jota, Ričet, Pasulj... you are very happy with food such as stuffed peppers (thank you chef Tanja-if you also try in the Highlands to cook something other than JRP, and the young caretaker Anja was praised for the best mush with cabbage and this real Kranjska sausage. Among the malt-ICAS, the queens so far were: frozen roll and Mojca's blueberry jelly (Mojčini borovničevi žlikrofi). The latter gave us additional strength to reach the last hut, for the first time on afternoon tours, before the scheduled hour and spend until the evening on the longest viewing terrace from Krvavec, cob to Triglav, not to mention the Valley. Simply beautiful views.

Day 15: Hut on Kriška Gora - Tržič - Dobrča - Hut on Roblek

Since the morning descent brought us to the shoemaker Valley, it is right to speak something on this topic. Shoes are the most important thing on such long hikes. In addition to choosing carefully, how to wear them is also very important. Due to all-day wear and the resulting sweating, each shoe softens and friction occurs, which causes blisters. What serious ones, after more than half the way, we have not had yet, except for two black nails complete with calluses, which got their name: Grintavec and Jezerska Kočna, and are the result of a really extreme 12-hour tour. There is not much space on this route, not time to change socks, but if our hiker had read the previously written or instructions for wearing shoes, these problems would not have existed. As a rule, men do not read the instructions, but we will nevertheless add a couple of recommendations to the previously written one. When going down, tighten the laces immediately behind the toes, instep and ankle. Choose better quality socks. We recommend two Slovenian pro-contractors: <https://go4goal.net/> and <https://www.spocks.eu/> there was really

little moisture in the latter even after all-day tours. If you feel it, change your socks immediately! In pauses and at the end of the tour, take off your socks as soon as possible and pull the insoles out of your shoes so that both dry as well as possible. However, if you suspect a sprained ankle on the part of the route where there will be little chance that rescuers will come to you soon, immediately after the injury, tighten the laces all the way and continue in the direction where the prospects for resolving the situation are greatest. There were not many such tracks, on the traversed part of SPP1. However, I would conditionally include the route from Dobrča to Planšarija na Prevali, as it is an area where you quickly get the feeling that you are in the »lost »forest. We will believe that if there would not see planes from Lesce airport above us and the really frequent markings. So far, this is probably the most densely marked route. Probably also because only a short deviation from the route would mean movement on steep off-road and The Associated difficulties. Today's route was long, but it passed quickly, because part of the way we were accompanied by lady R. from Trzič, who spent most of her life abroad. Lots of thoughtful conversations... also about the reasons why Trzič was once a very prosperous industrial city and why development went downhill during the previous regime. But despite the fact that because of this R. family had to go abroad, from her I was receiving all the time of conversation that still love her motherland, Slavic culture and our beauties. It would be nice if the Slovenians living here also knew how to appreciate our beauty more and enjoy it. In order for fewer Slovenes to come to their homeland to enjoy themselves from abroad, we need to support those who are trying for jobs in Slovenia. We met such in the market, where they still keep the shoe tradition. If you have a choice of a foreign shoe brand or a domestic one, for example. www.proalp.si please choose produced in your country. For the previously described reasons, universality and quality (despite the daily movement in very demanding conditions...) the Proalp Stol type shoe proved ideal for such a hike. If you decide to do more regular hiking dedicate some money more to buying shoes. If you choose shoes www.proalp.si you will get a proven quality(hand-made-classic sewing), and most importantly: the shoes are arranged for you in the company according to the features of your foot. All of the above is also the reason why we overcame such a difficult path (both in km, and in the complexity of the terrain, on oily and wet rock, scree, in the heat and rain...) without any problems. Due to our own experience, our hikers can recommend shoes from a Slovenian manufacturer: www.proalp.si

16 th. day: Hut on Roblek – Begunjčica - Hut under the Stol peak

The day was really full of special experiences, interesting encounters and finally with some dramatic moments. Already in the morning we met two mountaineers from my hometown on Veliki vrh (Begunjščica). The day before, two mountaineers from my neighbouring town Mozirje passed on the mountain range, which encouraged us to continue to one hut longer than we intended. We must mention the aforementioned Planšarija and our friends from Trzič separately, because it has once again turned out that Slovenians are really in solidarity with each other and that a connection is quickly formed between such people when someone knows someone somewhere who is ready to help you somewhere. We will return to these places because of the above-mentioned people and the Alpine Meadows. We will also have good memories of these places because of the already mentioned couple from Savinja Valley (T&J), who filled us with good energy for two days, entertained us with really interesting stories and telling jokes in such a way that only the Slovenian comedian: Vinko Šimek, TOF and Iča (Putrih) can do together! On 2/3 of the way to the Stol, on a stone path, our paths crossed with a young snake modras (always look under your feet in the mountains), who, probably, rushed to the shelter due to distant thunder. Probably because of the tremors, he felt that a storm was coming. According to the weather forecast (only one drop) and the clear sky, we did not expect thunder weather. But in a few minutes the clear sky turned into thunder, lightning and heavy rains. We could not even foresee this, because we were in the gutter without a sense of where the Thunder and where the wind blows from and without a view of where the storm clouds come from. Thunderstorms are much more terrible in the mountains than in the valley or in the house due to the echoes of thunder and close shots. Remember that the weather in the

mountains changes very quickly. If thunder and clouds come from the area where the wind is blowing, everything above will be above you sooner than you want! Therefore, immediately rush from passes and more exposed parts to rugged terrain (preferably scree), throw away all metal objects, (even walking sticks), squat on the toes of your feet in order to be the smallest "target" for lightning. Then put up with the place even a few moments after the Thunder stops, because experienced mountaineers told us that they had already experienced Lightning from the clear sky at the end of the storms. When the storm was over, we also got to The Hut under the Stol peak faster than the markacists had foreseen thanks to the Trek'n Eat: NRG-5 energy bars, despite the long tour over a really long scree. There we were met by the hut manager Ivanka with sincere joy that we were just well soaked, because that she was really worried about us because of the hail at the top, because she knew that we were coming at this time... Surely that is why she "treated" us with freshly baked bread and richer bean soup Pasulj, which a person would also eat for several days in a row, and this despite the fact that such food on a spoon, as we already wrote, after a long stay in the mountains, no longer "smells". Despite the fact that it cleared up in the evening, there was a feeling of that electrification in the air that was present just before and after the storm. Therefore, evening photos and views, due to the Stormy experience, were collected only around the cottage and we did not even think to climb to peak Stol which was only 10 min away. In stressful and other urgent situations, such as today's, and that all-day tour to Grintavec and Jezerska Kočna, we were also effectively helped by excellent energy bars Trek'n Eat: NRG-5 : <https://firstcornershop.com/sl/izdelek/trekn-eat-nrq-5/>

17. day: top of the Stol-Golica-Dovje:

From bed at Prešern hut on the Stol peak, there is a beautiful view to the east. From the lying position we could felt the first rays of the sun which When we got up sun's energy help us to climb faster on the beautiful peak in the Stol. The fact that this time the juicy Rays really filled us with Morning Energy is also evidenced by the photos. After breakfast, they followed us along really nice paths via Potoški Stol, Vajneško sedlo to mount Seča. In the saddle, we were surprised by a large group of horses. In addition to the friendly locals (who served the younger ones with spring water, and the older ones with "fiery-Indian" water Šnaps), we will remember the views of Triglav. The route between the points mentioned is really picturesque and mostly easy to walk. Only from the mountain Belščica to The Hut under Golica was missing a signpost, and a marking or we maybe did not see, because... We realized this when we started overtaking hikers on this route, who had already overtaken us two times, one even because they thought they were already over the border due to meeting only mountaineers from Austria. Therefore, from Planšarija on Planina Belščica, do not go down the sandy road for too long ("what the signpost advises) but follow the advice of the locals and keep as high as possible on the slope of Planina candlelight. In this case, you will be at The Hut under the Golica faster than the marksmen predicted. You've probably heard a lot about Golica but it's not the only truth that May is most beautiful when daffodils Bloom. We believe that there is something admirable on every mountain at any time of the year. It must be admitted that from the top (along the middle of the ridge runs the state border) there are also beautiful views of Carinthia in Austria. But our eyes escaped to the valley in the south and to the second stage finish which was planned in Mojstrana. Since the storms were announced, we extended the afternoon tour and reached the Museum of Mountaineering in Mojstrana by 19.27. They do not have the stamp necessary for the spp1 booklet outside, probably because they want you to visit the museum and stay one more day in Mojstrana which is really a beautiful village and museum is worth to visit... Only in terms of departures to the mountains along the route SPP1 and returns from them is their "European" Working Time slightly unsuitable. But we will also consider it for the sake of the stamp next time. See you there in the next good weather.

17.2 day: Martuljški slap (waterfalls) pod Špikom (Kranjska gora):

we really wanted to weak up in dry and beautiful day, but strong night storms let us know that in the morning we will not yet head towards Triglav. But if you want to maintain the psychophysical condition necessary to complete SPP1, you should not stay in bed even on a cloudy and foggy day. In Finland, most children go to school by bike even on a snowy and cold day, as they are rightly convinced that there is no bad weather, but the real reason for not feel comfortable are inappropriate clothes and lack of real energy. However, for the highlands it is definitely necessary to adjust the tour so that the coming storm does not find you in some exposed area. Due to the proximity of Mojstrana, we chose Martuljške slapove (waterfalls) under the Špik peak. Less than 2 hours of ascent (from the parking lot in Mojstrana) and 1.5 hours of return. Just enough climb to maintain the continuity of the upward movement. The morning lifting of the clouds gave just enough light to reveal all the colour gamut in this gorge. At the second waterfall, however, a storm began so we "trained" concentration and caution of movement on wet roots and rocks back to the beams. If the last reason is not a major problem for real mountain boots, a slip can quickly happen on wet roots. The mountains quickly "pick up" a lot of water from the clouds and let it into the Valley even faster. At times like this, you don't want to be trapped somewhere in between. Nevertheless, we stayed at both waterfalls for a few moments to feel the power of the water from much louder and fuller waterfalls than just a few moments back. Although this is a seemingly "tourist" tour, we recommend that you wear the right mountain footwear, especially if you are going to climb around another waterfall, where skobe (steps from metal) and steel cables are also installed. We are glad that we spent the day of the "break" on SPP1 in these George. The truly amazing energy and power of nature can be felt here. We strongly recommend these places to you on a similar day or the day after the rain, because on a sunny day there is definitely a real »procession (too many people)« here. Even before the storm, there were too many visitors on our opinion, because we are used to hikes where we do not share nature with a crowd of loud visitors. Therefore, in our own way, we were happy about the rain, which in the end returned us the opportunity to enjoy the murmur of the river, trees, and raindrops that cleanse the body and mind and fill you with new energy.

18 th. day: Mojstrana – Triglav - Dom Planika pod Triglavom

The path through the valley was very pleasing to us because of the folding, and if we had time, we would stop at the nearby Peričnik waterfall. But soon after hut Aljažev dom in Vrata valley, we realized that in 6h hours we need to climb up 1814 m (ascent). We chose the path over the Prag (threshold), which is not the simplest (much easier are the routes to Triglav from the southern approaches, e.g. from Pokljuka), however, according to the assessment of our hikers who have already been to Triglav, this is the most interesting route, compared to the others. Mainly because of the stunning views on the northern wall of Triglav and Stenar, and because of the diverse terrain. From the valley of the gate, according to our assessment, one of the most beautiful views of Triglav, the already mentioned really mighty North Wall of Triglav. Otherwise, you will not climb over it. But there is also some climbing along this route SPP1 (where you use a self-protection kit) e.g. on the walls of the Prag (threshold) or Bear Rocks. These were supposedly named after a bear that killed itself while climbing on them. Bears are good climbers, and even this one would easily overcome the wall if it were not chased by hunters. On the way to the hut Valentin Stanič, we saw a lot of chamois, with which we had to share the passage along the path with quite a bit of determination. We must warn you that it is not good idea to "fight" with them, because on narrow paths, due to their weight, they can easily push you into the abyss even with mild contact. But these animals are smart and have already learned that they can get some treats from people, because otherwise you would not meet them on the »busiest« route between Mali Triglav and the top of Triglav. But you better not feed wild animals "from the hand" for the reasons described earlier, and also because most of our food is not suitable for them! Although Triglav is not the most beautiful mountain we have visited, we still recommend visiting it for several reasons. If possible, do not plan a visit on

weekends, in the early morning hours, because then the journey will be longer due to crowds and also more dangerous due to constant crosses with oncoming ones. In doing so, you should be more considerate, smarter and wait for less exposed location to cross, pinned to steel cables, because even unplanned physical contact with another person can fatally throw someone off balance into the abyss. But the way from Dom na Kredarici to Triglav is very well guarded and apart from the crowds and smoothed rocks you have nothing to fear! For the reasons described earlier, we went up to the top in the evening. And we were rewarded with rays of sunshine that banished the mists that otherwise enveloped the top for most of the day. If you're lucky, the top of Triglav can be conditionally "only yours" and you can manage to take a photo of the Aljaž tower without people next to it. How special such moments are told to us by a young girl from Primorska region, whom we met when we were climbing from up, and she was returning from the sunrise on Triglav. We do not advise you to choose the first or second extreme option, but the ascent to Triglav will be more beautiful if you pace it when there are no major mountain trips and Events announced there, as it was shortly before our ascent to the top, when the current prime minister was there... with a lot of supporters. Otherwise, it was also a party event, but it is right that at least they, with accordion and Slovenian songs, remembered that it was 7.8. it's been 125 years since the Aljaž tower was built on Triglav!

19 th. day: Dom Planika - Koča na Doliču - Plemenice - Preval Luknja - Bovški Gamsovec - Pogačnikov dom na Kriških podih - Razor

On the morning descent from home on Planika, we remembered the last beautiful views of the southern walls of Triglav, and soon after that almost that flat green on which visitors with stones wrote out many names of places where they came from. From the hut on Dolič we turned right up and chose the path that led us almost to the northern wall (junction towards Triglavška škrbina-stub) Triglav or. area called Plemenice. In the upper part, for this altitude (2500 m), the world is surprisingly flat. But the closer we got to the contact of the section Plemenice and Prevela (the Isthmus of pothole), the more the terrain descended precipitously down. For those of you who have read that the route over Plemenice well secured and rebuilt must read also the following information (our observations in 2020): renovated and secured is maximum up to 2/3 of almost 3 km long route. There are many more areas where there is still a lot of friable and slippery material due to collapses and for these reasons this part has not yet been secured. The route is rightly the most demanding protected route in Slovenian Alps and if you have problems with the fact that you only have to constantly break on the dangerous path, choose a longer but much less demanding path, which from the hut on Dolič firstly turns into the Valley and then east to Prevala hole between Plemenice and Bovški Gamsovec. The way over Plemenice is an interesting climbing tour for the way up, but it can be overcome with good psychophysical preparation (we made this day for 1544 ascents and 1881 descents) and a lot of caution also as a way down. From the Prevala hole to n. m. 1758 m follows a technically quite uncomplicated ascent to Bovški Gamsovec at a height of 2392 m. When descending from it, however, to the fork (for the top of Stenar or the descent via Sovatna into the Vrata Valley) some more caution is required. We have not yet released enough adrenaline that day, so after dinner we made an ascent to peak Razor. Climbing to the saddle of Planja, with caution on scree is not difficult, but much more caution is needed when approaching the last, really short, climbing to the top of Razor peak. The vertical with hash and steel-cami gives a sense of security, but it takes quite a bit of boldness and a lot of caution on this part, and especially a little bit after stepping over the wedged rock between the walls on the precipice. Especially because this mountain is named »fallen mountain«, where you are not sure of any rock and stone that is firmly in place, much less this applies to the hiking base. Therefore, we strongly recommend an even slower and more careful descent than ascent. We skipped the exploration of the cave under Razor peak and the nearby lakes because of the darkness. Do not be discouraged from visiting this mountain, because despite the collapse on all sides. Peak has an interesting shape, but also provides beautiful evening views of Triglav. Those who even yesterday claimed to have visited more beautiful mountains than Triglav had to admit that Triglav

is still Slovenian mightiest mountain, especially when looking from Razor to Triglav in the evening. Returning from Razor, we found out from the front of the hut that not even Razor is far behind him. Things from a distance and with mental distance clearly get their true weight and value! Therefore, we can say that although after the first moments after the descent from Plemenice and Razor peak we still claimed that we will not repeat this route, after the end of the day we can affirm that positive feelings prevailed and that there is a possibility to repeat today's routes.

20 th. day: Dolina Mlinarice - Prisojnik – Vršič

Since the past days were a bit harder and tomorrow will be the same, the goal of today's tour was only 2547 m high Prisojnik (Prisank). Since it is closed both the passage over the last Okno (window in peak) via the Prag (Stub along the Jubilee path) and over the first Okno (via the Kopiščajeva pot-path), it is necessary to use the Southern path first until the cancellation. Then you can use Slovenian (with caution only in the days of stone gutters) or make a ridge path to the top. In the latter, there is some more climbing and exposed-dangerous section, but these are not a reason not to choose this route. Even if you get close to the first hole in peak Okno. The passage through this part is, in the opinion of our preliminary team (before closing) climbing very demanding and adrenaline. We didn't need it because we were worried about the emerging fog and the late afternoon thunderstorms. Therefore, we were at the top already at 10 a.m., but it was so cold that the fog froze on gloves and jackets. You probably already know this, but there will be no mistakes if you hear it again: for hikes in the Highlands, a hat and gloves are mandatory equipment even in summer! There were really not many panoramas from the top of peak today, so we appreciated moment when the fogs cleared for a few moments from the top of Razor peak and Triglav. Today we saw how fast the weather is changing. And how these rapid changes, make a completely different view of the surrounding mountains. How high we actually were today, only the view of Triglav, which today barely managed to look from the clouds, let us know that.

21 st. day: Vršič - Jalovec - Zavetišče pod Špičkom - Koča pri izviru Soče:

Because we wanted to get to Jalovec before the forecast storms and rain, we started from Vršič before sunrise. At sunrise, we already saw in front of us our today's first destination: Zavetišče pod Špičkom (a shelter under a Špičkom) and then a Jalovec peak. Both sunburned and in special colours. After looking at the photos taken at that time, you will understand why Jalovec is called the King of the Slovenian mountains and why this mountain is in the sign of the Slovenian Mountaineering Association. Really, only in superlatives can we talk about that peak. But we have to talk about superlatives about another lady I., who is already close to retirement. I. she is an experienced mountaineer and mountaineer, but another of the women who plans to walk spp1 mostly alone. And looking that she herself climbed the Jalovec without any problems, we have no doubt that she will succeed. Jalovec is estimated by many to be the last more difficult test on Spp1, as you can continue without a self-guard kit. It takes quite a bit of effort to climb it, even if you climb it on the route SPP1, and not over the Okno in the Jalovški škrbini. Some more caution is needed only on the ridge leading to the top, as this is not secured, but most of the ridge path is an abysmal on both sides. The first drops and rising fogs forced us to escape from the top of mountain. So, we quickly went down to Zavetišče pod Špičkom (hut/shelter). We must commend the young managers that, with limited resources, at this height, master this mini-Hut. And that they also try to add something more to the usual Mountaineering cuisine. They proved themselves with a little originality... to create richer flavours... We recommend their Pearl boat, which is not an ordinary Ričet Like on other huts. . Distant thunder and today's motivator and companion Irena encouraged us to descend even faster to the Kekčeva dolina (Kekec Valley) and to the hut Na izviru Soče. The latter was quickly filled by the afternoon rain and its murmur filled the ears. It's nice to be back in the valley, especially in the one that is so beautiful.

22 nd. day: Koča pri izviru Soče - Kugyjev spomenik - Trenta - Koča na Prehodavcih

The morning awakening took place along a peaceful path called Soška pot (Isonzo path), which mostly runs closely along the Soča river. Hers drumming pleasantly woke us up. We deviated from this path, and for a time-when we walked along the famous road to Vršič, to stop at the monument to Julius Kugy. He is one of the first mountaineers to get to know well the surrounding mountains. Then over the suspension bridge back to the Soška pot-path. A well-maintained trail along which runs also Alpe Adria trail, which is much more popular in these places than SPP1, especially if you compare that for the first route they made beautiful marking pillars, and for SPP1 the markings on this part are already overgrown. It is right to create new hiking trails, but not at the expense of forgetting old and well-established ones, such as SPP1. We were even more disappointed by the fact that the Information Center of the Triglav National Park in Log v Trenti is open only from 10 a.m.!? And that the ATM was also withdrawn from here, even if it is still listed on the website of one of the major Slovenian banks. A really awkward thing for a hiker on SPP1 and for others who would like to stay in these places, however, in many places (especially in mountain huts) cashless payments are very rare. The nearest ATM is in 20 km away. And at the same time, it is necessary to ask whether, with all these natural features, we really do not know how to attract and retain enough tourists so that we no longer have to talk about the previously mentioned awkward situations. But when we were at the turn number 50. at Vršič road we turned towards the Valley Zadnjica, these "Valley" problems were forgotten. But we cheered up too quickly, because at first the path was very compact and ran mostly through the forest. But immediately at the fork called Planja, where we turn down from the path that leads to the already visited Prevala and hut in Dolič, we found that more than 1400 meters in height cannot be overcome without a lot of effort. On a really long stone area through Zadnjiški dol, we were refreshed with the spring water, where we meet young deer who came to refresh as well. When we got to the pass between hills, many mulattoes began. On these stone paths, we were directly exposed to the sun in the sultriest period before the storm. But what was it like for the soldiers during the 1st world war, when they were building these routes, with constant noise from the nearby battlefields. We are sorry that many remained here forever because of the horrors of war. And that in these beautiful places they had no peace with beautiful views, like that from the hut Koča na Prehodavcih, where we overnight. The more than 180-degree panorama with the mountains higher mostly more than 2000 m simply takes your breath away.

23 th. day: Koča na Prehodavcih-Koča pri Triglavskih jezerih-Dom na Komni-Koča pod Bogatinom-Dom pri Krnskih jezerih:

In the morning, we were woken up by uninvited mountaineers, who announced their morning energy with a loud talk already before 5 a.m. It was a little too early for us, but at the end of the day we were glad that we got up much earlier, because we arrived at our destination before the afternoon storm. The lakes and views of the valley also have beautiful colours in the morning. And those who have already been on this path will be able to confirm to you that it is priceless to be able to become yourself at the lake bank. The route is calm, unpretentious and can be walked quickly as a transit route. But you can take the time to delve into the history of these places. Starting with the Koča (cottage under) pod Bogatinom, where it was located during 1. World War 1. hospital for the front line or the remains of larger caravels, past which you already descend on the way to the Krn lakes. The afternoon storm stopped us from our intention to start climbing to Krn peak before... The possibility of a warm shower-invaluable after several days of walking in the heat and sleeping in the Spartan huts- convinced us to stay in a nice hut near the Krn lakes (Koča pri Krnskih jezerih).

24 th. day: Koča pri Krnskih jezerih - Krn - Zavetišče pod Krnom - Koča na Planini Razor

Since we were waiting for a 10-hour tour and storms were announced in the afternoon, we started our journey at 5 o'clocks with head lamps. The night was bright, air temperatures were just right for us, and that helps us to advance quickly from path next to Krn lakes to the vast mountain in the field. Since we cut quite a few serpentines on screen, we were earlier than planned at Krnska škrbina (saddle against Bogatin) and from here on Krn peak and to a Zavetišče pod Krnom (shelter under Krn). The hut manager and his assistant served us a really good breakfast and a snack for down the road. Although we wanted to go further as soon as possible, we had to wait until the fog cleared at least enough to see the markings. When there is fog in the mountains never continue your journey except when it is vital, as you can get lost in the foggy terrain... We were in the valleys where we were going to see the sun breaking through the clouds so we set off, but fog and cold still followed us for quite some time. The path is well marked, only on the Krnska škrbina we missed the direction sign for the path along the SPP1, which goes along the north side of Bogatin. The latter path is very beautiful, wide and much safer than the one across the Bogatinski greben (Ridge). The intersection for the northern route should be engraved in your memory before you arrive (at the aforementioned fork) on the saddle from the direction of the lakes. But also, in this second fork there is a missing sign, so on the big rock it says Planina Razor: 8h (on the PZS website it is between the huts 7h). Do not be afraid of this, because all times are some average, which is spent for this distance by an average fast hiker. Because at the beginning we were followed by fogs and then thunder and storm clouds, we lowered our feet down the hill, and on the flat part of the path we also ran because we were afraid that rain and thunderstorm will catch us. Because of that we walked/run the path from Krn peak to the Razor Mountain in less than 5.3 h. But do not do this in the mountains, if it is not really necessary. But at the same time, know that if it is really necessary, your body has more reserves than you think. We slowed down the pace when snake Črni gad (Vipera Berus) crossed our path. In the mountains, it is very important to always watch where you are going to step, in addition to monitoring the markings. Also because of snakes. You can remember our poisoner by the Black colour and the comedy series with Rowan Atkinson Blackadder - Black Viper. Those in our team who were on Krn peak for the first time and the route towards the Razor Mountain can really be rightly bad, for all panoramas and that they did not see more remains of 1. world wars. Krn as well as the neighbouring mountains have many sad stories. But we want to end this diary entry with some nice stories. One of our hikers was in the Southern Pastures of Krn peak when a sheep of lamb was born almost in front of his feet. Therefore, for us Krn will be a mountain of life and a mountain of Eagle views. At the right moments, you can also see flocks of mountain Eagles on rocks of Krn peak.

25 th. day: Koča na Planini Razor - Vogel - Rodica - Koča na Črni prsti

Yesterdays and today's night storms washed away the electrified atmosphere and already from the hut we were offered beautiful morning views of the Valley and part of the slopes that we walked on the previous, pre-stormy afternoon without stopping and enjoying the views. From Koča (hut) na planini Razor (which was today's starting point) it is really possible to make at least two nice day trips. Either along the route of yesterday's tour, or along the ridges of the mountains above this route. Another destination can also be the summit of Vogel and also in the summer from the touristically very interesting ski resort Vogel. For those who have been to a ski resort with the same name, it is worth to highlight that the top of Mount Vogel is located on n.m. a height of 1922 m, so from the side of the ski slope it is necessary to climb quite a bit, both in terms of lifting and covered kilometres. But in summer, the route is not particularly difficult from any of the directions mentioned. We enjoyed a 360-degree view from Vogel for quite a long time, especially towards Triglav and the following destination Rodica. The path till there from the top of Vogel runs along the ridges and at the end via a pasture mountain. From the top of Rodica you can see the eastern part of Lake Bohinj in a way that represents the

shape of a heart. But we suggest that you are not too romantically dreamy during the further journey, since most of the path to the hut Koča na Črni prsti runs along the ridges of the peaks and along narrow paths just below them. The problem on this route is often represented by fog, which is caused by the mixing an air from Primorska region and northern alpine air. It is not pleasant if the fog catches you on the ridge, as you quickly go astray and slip. Due to the obviously frequent slips and losses of people in the fog, there are markings of much larger dimensions on this route and also some steel cables where we did not expect them. On this route it is really not good to get lost in the fog, so when the fog thickens, we were very pleased with the inscription on the Rock which inform us that we have only 20.min to the hut. There, like most of the afternoon, in the evening we enjoyed clear views of the Northern Bohinj Valley and the foggy southern Valley. When there is no fog, from this hut you can see all the way to the sea. So, southwards, above the mists, we saw only the solar summit of Porezen, our destination tomorrow.

26 th. day: Črna prst - Kobla - Petrovo brdo - Koča na Poreznu

From the hut: Koča na črni prsti we could not leave because of the Marmot family playing cheerfully under the hut. Not that we were waiting for them to wrap us chocolate (like in advertisement for famous Chocolate), but more because of the incredible combination of flora and fauna in the area, and of course the incredible views in several valleys that we were deprived of yesterday. As the name of the mountain suggests, there is enough quality soil in this area, resulting in lush ground vegetation, with which we fought on narrow paths all the way to Kobla. Then a steep descent to the hut at Petrovo Brdo. A few more sentences need to be said about this hut and its restaurant. It is not a purely classic mountain hut, not because after a long time we were treated to a meat plate and chips from the grill, but because of the landscaping. We set aside time for a mini–Ethnographic Museum with objects with very different purposes. For the soul and body, however, the Rudkomat made by the hut manager for the Mountaineers had incalculable positive effects. Cold Mountain Water is fed into the hollowed-out trunk-for the purpose of knapping the legs and cooling the drink, which is distributed between the legs and an opener at your fingertips. How little it takes for a mountain hut to become much more! Rested legs and the right food gave us the strength to climb Porezen, despite the bubbling heat. Today's tour mostly took place through really beautiful forests. Only the top of Porezen peak is bare and surrounded by pastures. At the time of arrival, unfortunately, it was already shrouded in fog, so we were left without a view of the sea again. However, the fog dropped so much just before sunset that we received amazing views that reached Triglav peak. Morning and evening views are always something special in the mountains, but that today's was just amazing which is also confirmed by the fact that it attracted all guests, hut managers and cooks from the hut. On the way, we met a lot of very nice hut managers and cooks, who we met on this day are among those who do this not only for the sake of earning money, but because they simply like to be in the mountains in the company of mountaineers. At these scenes, not even the children present showed any fatigue. We tried to put them to sleep so that they had to find Triglav among the crowd of mountains. Next to Triglav, there is a cloud of The Shape of a cruise ship, which was supposed to take ice cream to Triglav. The message of one ad was: where, However, we come without imagination. Of course, we did not receive ice cream this evening, but freshly baked Flancete (fried desert named also: angel wings) for all guests and homemade apples caused the same effect. Really amazing with what, seeming little things, one can come to the conclusion of the day: **today we experienced an incredibly beautiful day!**

27. day: Porezen Hut-Franja partisan hospital-hut on Ermenavec

Yesterday's beautiful sunset got a continuation in the beautiful sunrise. For him, in the mountains it is necessary to get up before the Roosters. Today this was almost literally the case, because a Wild Rooster flaunted on the antenna of our hut. An excellent strong breakfast at which the Cooks again worshiped freshly baked Flancate :) almost convinced that we should just stay here, but we didn't have time... Today's goal was not to conquer mountains, but to

overcome distances. Also, historical. First of all, from the time before and after the first World War. From that time, we saw many caverns, bunkers covered with rocks and turf all day long; and part of the path was laid along stone paths made by Italian soldiers. We have heard many interesting stories related to smuggling across the Rapall border, as they say in these places to the so-called contraband. About halfway, when we approached the Cerknoski Center, the historical events were more related to the Second World War. For several reasons, we stopped at Franja partisan Hospital. You have probably heard a lot about the doctor Franja Bojc Bidovec who led hospital in the end and after whom the hospital was named. However, this hospital is much more than just one person, as more than 150 people worked in all departments of this hospital. It is also necessary to highlight the All-Round help and affection of the surrounding population. Due to this and the Humane mission (they also treated opponents, and the Italian doctor Sticchi also helped to treat the partisans), the hospital remained undiscovered. And these days, when the BBC is on its website <https://www.bbc.com/reel/video/p08phw0p/the-hospital-the-nazis-could-never-find> published a video post about this hospital, hard-to-understand stories took place in the immediate vicinity of the hospital, the result of which is that at the peak of the tourist season there is no bar where visitors get the first information when they park their vehicle there. We received a lot of encouraging words from the last tenants when we said that we were on a hike on spp1 and because they could not sell us drinks for FREE something short and refreshing. Despite the fact that some story ended for them in this place, we still heard them talk only the most beautiful about their village. A lot of kindness and optimism was felt from them. This was necessary for us as soon as we turned sharply again along the way up. Thankfully, back to the beautiful woods. Just before the hut under Ermanavec, the views opened up to the Poljanska Valley and towards Idrija, our tomorrow's goal.

28 th. day: Koča na Ermenavcu-Bevkov vrh-Sivka Idrija

The Slovenian Mountain trail between the mentioned points does not run along the air line, but rather calmly around without great changes in altitude difference. This is a time of carefree steps, when the eyes can rest on the scenes of beautifully landscaped Hill Farms, Meadows and calm peaks, behind which are the mountains that we have passed in the past days. We deliberately used the term calm peaks because neither Bevkov vrh nor Sivka vrh have the sharpness that we were used to in the mountains and conquered Hills from the past weeks. This feeling in Sivka peak is reduced by the fact that the top is in the forest and where the box with the stamp is there is no hill view that we were used to. More views are on Bevkov vrh, where we will remember a mini-house made of trunks, which is considered a public secret that there is no bottle with schnapps locked in it, which you must not empty, as this will cause deliberate damage. For a specific reason, we wrote it down as complicated as possible. When you speak a few words to people from these places, you will know how to deal with such inscriptions. Although we often rush on such hikes, we suggest that you take the time to talk to the people who live there, because you will hear the most interesting stories from them, because of desire to preserve historical testimonies. Some of those that show that even in these remote places a lot has happened has been collected on this website: <http://westre.blog.si/ol.net/> There are many partisan monuments from the Second World War all along this path, so it is also right to hear the stories of those who were in awe of both warring parties and just wanted to survive in these conditions. Many sad stories that we try to ignore as we walk past the beautiful village of Ledina. For you and for us, we are adding a reminder for the first next trip when the time comes: Ledinske krnice. For those of you who are going to walk towards Idrija, there are two safety instructions. When it rains or the day after, it is much safer to go from the Ledinsko razpotje (crossroads) towards Idrija by road over Spodnja Idrija than through the forest and ridges above Idrija town. Despite the tours of the last two days, it is not appropriate to walk here in sports shoes. Both because of the inclines, narrow paths, and partly because of the dangerous stone base. These last descents towards Idrija (at least to point Raufank) are a serious mountain trail. But we recommend this route anyway, because from point Raufank you will see one of the nicer views of Idrija. Today, these banks have turned green again, but when this chimney of the Hg separator once worked, the slope was almost

bare. Today, thanks to the Volunteers of the group knowingly Zavedno brušer, there are quite a few well-groomed trails here. Like Turška noga (Turkish leg), Brušer and the aforementioned Raufnk. The view from this point provides a view of almost the entire city. It will take a descent down mining Street past a mining colony to get a glimpse of its rich history... where the more modern part of the city and then via river Idrija to the old part, where you have to stop by the oldest mining building, in Antonijev Rov (to feel the mining profession) , the oldest Slovenian realka-gymnasium secondary school and the castle, where today there is a museum...

28.2-day Idrija and its surroundings villages od Idrija

Idrija is a town that you can explore for a day or two. As well as his surrounding villages. We have been to Idrija many times, so our hosts, when they found out that we were not tired enough to drive outside the city to show us what was going on their region a long time ago... We are not talking about the Middle Ages, or Celtic settlements along the hills above Idrija, but about the famous flute with two holes, which was found in the Divje Babe cave above Idrija. "The latest datations using the electron spin resonance (ESR) method place the flute layer between 60,000- and 50,000-years BC. ad. In terms of age, the flute could have belonged only to a Neanderthal, since there are no signs of the presence of a Cro-Magnon in Europe at this time."(source: <http://www.dedi.si/dediscina/278-koscena-piscal-iz-divjih-bab-i>) These places, despite the uneven terrain and inaccessibility, really have some special energy that they were inhabited so long ago. We tried to experience this energy in the place of Šebrelje near the Church of Sveti Ivan, which is very close to the mentioned site. It's hard to see why people would arrange the 5 churches in the form of an equilateral pentagram, as they are arranged in this area, without a specific reason. The reasons may lie in the so-called. God's signatures and energy points as it is stated the following source: <https://www.divje-babe.si/znameniti-pentagram/>

We must tell you the story about our hiker who came to this place with disbelief about mysterious energetic point and when he lay down casually on a bench he quickly rolled off it like a freshly born calf... in this regard, we allow both possibilities mentioned by Iztok Mlakar in the song Credo: "And if God himself, then he will come out of the clouds.", he said, " Ben, Can You See Me Now, you don't believe anything?" I will say: "the sooner I believe what I see, I will wait a little while, I know I've really had too many drinks.« <http://www2.arnes.si/~tverbo/mlakar/3.03.credo.txt> But for the record, let us emphasize that the aforementioned "unbeliever" drank a glass of local Idrija beer only after he rolled off the bench at the energy point, before he was really only on spring water all day. Sometimes you just need to feel things and not wait for scientific prove... and indulge in beautiful moments and energies. Whether you are at an energy point, in a pleasant companionship with friend, or your source will be something purely unique to you.

29 th. day: Idrija – Hleviška planina – Vojsko – Veliki in Mali Golak – Koča pod Golaki – Koča na Čavnu- Otlica

Many checkpoints, long distances and a lot of interesting things along this route. From Idrija to Hleviška Planina and beyond, the paths are winding and the traditional mountain racing race takes place along these roads. In winter, there are active members of the local sledding society on individual trails that we have walked. We should also mention the Idrija Geological park. You can tell a lot about him, but you can read everything on <http://www.geopark-idrija.si/si/> two data were most interesting to us. That in their hollows, long after the end of winter, they cut ice and drove it to distant cities to sell. These were the times when the refrigerated cabinets and the other "powered" by ICE cubes. Another interesting feature is the vertical microclimate or temperature inversions. If the areas were afraid due to the testimonies of our predecessors, our fears intensified when we entered the dense forest again. Also because of the increasingly dense fog that accompanied us from the early morning when we set off from Idrija. Several times, because of fog, fallen trees on the path and other signs on the way, we asked ourselves whether to turn around. So, we said to ourselves: no, just keep on walking without of fear. From

our host we hear that when in the valley is fog on the top is clear weather. We really managed to rise above the fog at the top. Thanks to our friends from Idrija. Without them, we would not go to the foggy forest to look for bears. Even with the help of the wind, already at the top of Veliki Golak, our views began to open back towards Idrija and down towards Ajdovščina region. It was a long and arduous journey through the forests, where many hikers whistle and Sing also because of the Bears. We thought about why it was on the map www.pd-ajdovscina.si in front of Iztok's Hut under Golakih) Mali Golak (1480 m) still lower than Mali Golak (1495). What kind of error do you find out at www.slovenija360.si and <http://www.pespoti.si/spp-tocka.php?id=119> when we descended from Mali Golak towards Iztokova koča (Hut under) pod Golaki, we firstly caught the eye of the mini-Chapel, which is in a similar hunting style to the aforementioned Hut. The hut on Čaven, which was our next outpost, is already much more in architecture style of Primorska region... a little far away from it, however, wonderful views of Ajdovščina and the hills, which we still have to pass before we start descending towards the Adriatic sea, have already begun to stretch. In the late afternoon, the route was completed in the village of Otlica, which is famous for its Otlško okno (hole in the shape of »window«). Also, if you are not going to these places for a hike on SPP1, the aforementioned attraction is worth visiting for many reasons, because as a day trip. <https://www.vipavskadolina.si/si/aktivno/pohodnistvo/poti/otlisko-okno>

30 th. day: Otlško okno - path along Angelska Gora - Sinji vrh-Pirnatova koča (Hut under) pod Javorniki

If from hut in Čaven seemed till village Predmeje in front of us will be only desolate rocky ridges which were blown thoroughly by wind named Burja, we figured out that we were wrong when we arrived to the Big Otlško okno. When we stood in front of an unusual hole in the wall of size 10 / 6 m, we could not be satisfied with the information that it was the result of tectonic movements and subsidence due to different rock composition...In those moments when you are in front of a large Otlško okno, which is really unusual in shape, you can easily start believing the Story of Franc Černigoj about the Maple devil, which explains how villages from Votlica got their (Otlško okno) window to the other side of mountains. In places with such interesting and beautiful names as: Angel mountain trail, China, Siberia, Sinji vrh (Blue peak), Parkljevec (cloven-hoofed) it is easier for you to get into the story that the hole in The Rock was made by the devil when he heard Christ say St. Peter, that Čaven rests on two golden pillars, and below that there is a Golden Lake. And when the devil wanted to move the Čaven and get to the gold, he stumbled and made a hole in the rock rib with his horn. Anyway, today there is a wonderful view of the villages in the Vipava Valley. Even further, there are views from the highest point of Sinji vrh. Due to the foggy past days, today we saw the Slovenian sea for the first time on this hike. But we spent more time with admiring the arts of the artists who have been creating at this summit for many years at Sinji vrh. It is worth taking the time to see these works of art and installations around the hut at Sinji vrh. The path from Sinji vrh to village Col partly runs along Forest ridges and Meadows past secluded homesteads. The further we moved away from the Col towards Javorniki the rarer were the homesteads with life around them. Not a nice view of the abandoned homesteads from which young people began to move to the valley for work and better living conditions a long time ago. But that these beautiful places will not remain completely lifeless is shown by the new construction along the road under Pirnatova koča (Hut) and the many mountaineers who have been coming to these places from Idrija, Primorska and also Trieste for more than 100 years.

31 st. day: Koča pod Javorniki- Podkraj - Zavetišče Abram – Nanos - Razdrto

Yesterday's records were concluded with a record of where all hikers often come to Pirnatova koča under Javorniki. Well, from the East or the direction of Podkraj certainly not often, especially if we conclude along the unruly and overgrown path via Javornik towards Podkraj. This path is obviously only traversed by the most principled hikers who really want to walk the

entire SPP1. The members of the local society explained to us that the path there is not trodden, because many come to these huts for the spp1 stamp (which is a prove of visiting this check point on SPP1 hike) by car, and so in this region they can collect even a dozen stamps in one day. For all other hikers, our hikers offer help to the members of these associations in clearing overgrown paths, because on such long paths no one gets in a good mood by playing: search and find (behind the tall grass) a hidden direction board and marking. Especially if the other way doesn't take you to something more beautiful and interesting. The second path took us in the right direction but to impassable terrain. But the day took on a completely different colour when we came out of the forest and on the other side of the slope began to enjoy 180-degree views. In pastures with herds of horses, then again, a little in the calm of the forests. After the descent into the beautiful village of Podkraj, a really long ascent towards Abram began. The slope was really so moderate, and the road was so uniquely the same that during these two hours we often had the feeling that we are not advancing, because apart from the dense forest we saw nothing after which we could measure the progress in length. But the gravel path through the beech forest also has a lot of positive. And it's not just a shade on a hot day, but such an unpretentious path can allow the brain to be busy even with more serious thoughts. One of these is, or is it right, that wild animals live, such as bear Mitko, in captivity. For the introduction, it is necessary to say that this bear was accepted for care at the Ambram tourist farm when, as an abandoned bear puppy, he himself would not have survived in the wild. Then we all missed the opportunity to gradually get this bear back into the wild. Since we missed it now, it probably doesn't matter if he stays at his current location or is taken to some official zoo. We believe that satisfactory for him here (he has an underground lair, a pool...) they care because they also benefit from the bear, because this tourist farm is more visited also because there you can see also a bear. And as a result, this also leads to a characteristic envy, which this time is even useful, because of it, the bear keepers are trying even harder for the bear. They have, in addition to all official controls, an even earlier described in the form of public control, which, however, is much stricter and, after past violent reactions, even more critical. But so that there is no misunderstanding the position of our hikers is that wild animals must live in nature but let them preferably not walk at the same time along "our" paths :) the word ours is deliberately in quotation marks because it must be remembered that on such hikes, we enter the habitat of wild animals, and not vice versa! Until now, we fortunately avoided each other, but the previously described position of "animals" was also communicated to us today by the views of cows and horses in secluded pastures, which could also mean: "Oh, there are City Mountaineers here again.") The path in front of Abram and almost the entire path to Nanos was accompanied by scenes of beautiful pastures with horses and then cattle. We must point out that we were really very positively surprised by the beauty of the Nanos mountain. Probably because until now we have always seen it from the direction of the Primorska highway "and we have not seen how long and beautiful the plateau is. This too short view, due to the eternal rush to and from the sea, could not offer us what you see if you climb the Nanos by bike or on foot like us. But this is not a mountain suitable for everyone, especially if you climb it from Razdrto. Therefore, do not walk on it along this direction with "sea" equipment and footwear, since there are some sections along the steep route (protected by a steel cable...), where it is good to step very carefully when descending. Especially if there is a 9-hour hike behind you, and the joints and muscles are already at the limit of the permissible load! But it was not our throats that were tired, because many of us on the overpass (broken) across the highway in the wind and noise shouted everything we wanted to say to the people who hurt us, did something bad to us... Yes, it can also good way to leave such unpleasant burdens behind and move on with better energy... Whether the previously described worked, however, may be written down in the coming days. For now, we know that despite the fatigue, we ended the day with positive thoughts and with smiling faces.

32 nd. day: Razdrto – Senožeče – Vremščica -Škocjanske Jame- Markovščina

Yesterday evening dragged on late into the night. We accepted the invitation of our friend Nataša to spend the night on their family weekend house. Despite she walked only one route with us, but since we met her at the Češka koča (hut) she starts believing in our project. We highly appreciate people who recognized the benevolence of the goals of our project and were ready to help us, despite the short-term acquaintance. Last night, however, we found out that people from very different backgrounds and places can obviously meet for some higher reason only to find that we are very similar both in terms of the problems that bother us, the views on the world around us and what is the meaning of life. And one of these is that you have to stop as many times as possible in your life, take time for moments like yesterday, even when you are haunted by deadlines and project goals. Despite going to bed late, the evening gave us a lot of positive energy, because in the morning we got up without any problems. However, that we were able to walk 46.9 km on this day is the result of a good gait (or in the local language of fitness collected on a 1 month hike) and the fact that even our oldest hikers are clearly still physically "young" enough :) only for orientation how young they are actually, information is needed that when they were really young they also listened to the "BIT" of the Zmelkow Group: Bit (... the essence of life is lying on the beach...:). <https://www.youtube.com/watch?v=yiYYP12PksI> This song was our motivation today to walk the planned mileage and reach the sea or Destination Tomorrow by evening. In the morning, we still believed in this very much, because from hayfields to Vremščica led not too difficult path through the forest. At the top, however, the evening goal - Slavnik seemed to us as if in the palm of your hand. Then the descent into the valley, over the tracks (by the way there are already two tracks above Divača) and next to the Divača airport towards the Škocjan caves. Probably, because the clock was already close to noon, and because we saw warning signs that we were walking in the bear's habitable zone, our step became much more careful and slower, despite the flat terrain. A local hunter told us that bears are really moving away from the noise caused by trains and planes but that they are coming to the area for readily available food-young roe deer. But in order not to be afraid of bears, another hunting joke: bears eat only offal in a person, and if you are doubly lucky: 1.that there is a good surgeon nearby and that the bear does not take on your heart, you will probably survive too :) Despite the (too) large dose of black humour, we also needed food and such caloric in the form of one dessert for quite a few more afternoon kilometres. For today and tomorrow, we really set ourselves a lot more kilometres than usual. The reasons why such a rush seemed difficult for many to understand, because the reason was also that one of the hikers wants to complete the route exactly in 33 days, because there is a person connected with these numbers who wants to see him as soon as possible. Everyone has their own motives and reasons, but if time does not haunt you in these places, take a moment to look at the frescoes in medieval churches in peace. Church ([Sv. Mavricij iz Matavuna](#), [Sv. Martina in village Slivje](#) (Mauritius outside Matavun, Fr. Martina) or stay in one of the following villages in the Brkinje Hills: Podgrad pri vremah, Artviže or Mrše, where we met today's sunset. The reason that it is worth becoming in these places is not just a good wine, peace in nature and people, but their hospitality. In Artviže, we asked a local where to go in their village to get something cold to drink. And without hesitation, he honoured us with a drink from his refrigerator. Of course, we got involved in a too long, but extremely pleasant conversation and reached the intended goal, the village of Markovščina, with the help of head lights. But here was not the end of day for us. For a certain company, you allow yourself to be seduced to join a party after all day long hike. Because od that we lost two good hours of night sleep, but we were part of a really happy event at the meeting in the camp of cavalry from Štajerska (the Styrian) and Primorska region. The aforementioned combination gives incredible energy, but if there are also homemade meats and black wine, a good feast... When you try that you just can't be absent. We just forgot that tomorrow we have another hard and all-day long walk. But we must say and write one more time: Big thanks to the Stena Horse Club for an overnight stay, a feast and a really good company... What we experienced today is more than detailed by the song Iztok Mlakar: Počasno življenje (slow life). But in order to follow his message from the chorus more often, it is still necessary to write it down here: Never rush in life ... that approach everything that is

beautiful spoils. You have to make nice things so that you don't dry up, and the sooner you breathe so that you don't dry up, the sooner you'll be... <http://lyric.si/stran/lyrics/avtor/iztok-mlakar/pesem/pocasno-zivljenje>

33 th. day: Slavnik – Socerb - Osp – Tinjan – Ankaran - Debeli rtič

After a strong breakfast, we were like New. With the wine the night before, the guides really didn't overdo it but on the last day before the finish line and in such a company we really couldn't just taste one. It is true, however, that they offered us a really good black wine, and not some kind of headache that is spent on drunken gatherings. The fact that we got up so quickly in really good psychophysical condition is also evidenced by the fact that even the most beautiful master of horses was lent to us for one lap after the camp. Only so much so that they have caused us to struggle whether today and, in the future, we should go on such hikes on foot or on a horse's back. Well, if we are quite honest, we would gladly stay in the company of horsemen for a few more days, if it were not for the sea - our goal in all that awaits us behind, just another day's walk away. It's been really nice for us these past few days, and it's really hard to understand our obvious excessive rush, but maybe we can explain it in a way that if someone really means a lot to you in your life, you're willing to shorten other pleasant moments for their sake. The path to Slavnik, our last higher Hill, was not difficult, but the sun on the descent to Socerb already overheated us very well. The way down to Osp passed through the forest, but some of the joy was taken away by the scenes of the clothes of refugees and economic migrants who walked here on their way to Italy. Unfortunately, too many have to go on even longer hikes also for much less beautiful motives and reasons. We may have different views on these, but we must bear in mind that Slovenes were also a nation of refugees and migrants from the very beginning, and that many "Indigenous" nations often received us better than we do today's immigrant, who rush through our country. We don't want to make you feel bad, but it won't be superfluous to rethink the lyrics of the song, from people for people, rappers Murat Jose. All we want is to start seeing them as people who want the same things as you, so that they can live better somewhere... https://m.youtube.com/watch?v=ZrTnjAR_05k

In OSP, we almost went astray due to awkward warnings about changed routes due to the construction of access roads for the second track. In order not to make a kilometre more, try to check more often the current situation with the locals on an ongoing basis. They offered us two options. The first Faster one led along the paths where the elderly gentleman walked like a young shepherd but this path, as he said due to overgrowth, probably would not have found again. The second unofficial, however, in the end, in the jargon of hikers, turned out to be a real highway. More on this in the pictures... On the way to Tinjan, we were no longer bothered by even a significant afternoon heat, also due to the fact that we were now on the way to the really last peak. The view was worth a long stop, but we were so drawn to the goal that we skipped lunch and when we quenched our thirst at the drinking fountain next to the church, we rushed towards the dioceses, Hrvatin, with incredible energy... We admit, we no longer closely followed the surroundings, although on the way in these settlements there were many things worth a stop and a shot more... But today we saw only one more thing before our eyes. We didn't even take the time to drink at the penultimate stamp in Ankaran, because we really wanted to put the last stamp in the booklet and then dive into the sea. We did not mind that the last stamp and the formal end of the path did not go to the achievement adequately (one of the goals of the project <http://www.slovenija360.si/spoznajmo-slovenijo/> it is to change it...) ... we wanted to get to the nearest beach as soon as possible... This one with a view of the port is really not the most beautiful, but the sea has sufficiently washed away all the hiking dirt from us and pleasantly cooled reminded us that we are really at the finish line... Yeah, some of the sentiment in those moments, it is really appropriate, but we prefer to complete with a happy end of the record...

This is not the end...

This is the beginning... at least in the form of a cheerful closing note on the topic of this and future paths...

